



Smoke Free Care Placements

Iona MacMillan

LAAC Smoking Cessation Advisor


Jackie Dougall

Clinical Nurse Specialist LAAC

Delivering better health

www.nhsggc.org.uk

Overview

- Background
 - Developing the Post
 - The Early Days...
 - Training
 - Policy Development
 - LAAC Smoking Cessation Service
 - The Way Forward
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Background

'the big step' Glasgow Study

- 75% of young people in care were smokers
- 27% started smoking while in care
- 52% of smokers said they wanted help to stop

Glasgow Alliance Social Inclusion
Partnership for Young People in
Care & Leaving Care, 2001.

Developing the Post

- Partnership funding
- Organisational structure
- Remit of post
 - Review policies
 - Develop tobacco awareness training
 - Establish a smoking cessation model for LAAC

The Early Days...

- What was already known
 - nationally
 - locally
- Carbon monoxide monitoring
 - 74% of young people in residential units smoke
 - 43% of young people in foster placements smoke
- Equipment

The Early Days 2...

Smoking Awareness Audit

- Develop questionnaire
- Analysis
 - 36% of residential unit staff & 13% of foster carers smoke
 - Of those who smoke, 29% of residential unit staff & 64% of foster carers smoke in front of young people
- Results / Recommendations
 - http://www.carecommission.com/index.php?option=com_content&task=view&id=5988&Itemid=152
 - Develop 'Smoke Free Care Placement' policy

Training

- LAAC Smoking Cessation Advisor
 - Maudsley
 - Tobacco and young people
 - Shadowing
- Staff & Carers
 - Informal information sessions
 - e-learning

Policy Development

- Policy working group
- Other influences
- Draft policy
 - Recruitment of foster carers
 - Children <5ys or with respiratory problems/ physical disabilities will be placed in non-smoking households
 - Smoking Action Plan for residential units
- Consultation

LAAC Smoking Cessation Service

- Carbon monoxide (CO) data
- 3 levels of service
 - Brief Intervention
 - Intensive Smoking Cessation Support
 - Management of Nicotine Addiction in Smoke Free Areas
- Leaflet

The Way Forward

- Implement Policy
- Roll out Smoking Cessation Service



What young people, staff & carers liked & learned from the health fayre...

“I have enjoyed my day here. I have learnt how smoking is so bad for you. thanks H”

“to stop smoking and drinking”

“not to smoke and not to be greedy”

“I have learned that 1 year of tar is in a jar, never to throw water on a chip pan and not to smoke”

“smoking is bad”

“healthy eating & the smoking info”

“there was a good variety, I think the smoking cessation was very good”

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Advisor**

iona.macmillan@nhs.net

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**Clinical Nurse Specialist
LAAC**

jdougall@nhs.net

0141 277 7400

