

SCOTTISH LAAC
& THROUGH-CARE
NURSES

RESOURCE DIRECTORY
JANUARY 2008

Review: January 2009

“The aim of the Scottish LAAC & Throughcare Nurses Resource Directory is to provide contact details and information of services offered by nurses who are dedicated to addressing the health need of looked after & accommodated children, young people and care leavers.

The information is not exhaustive as relevant services are identified and developed and the resource directory will be updated annually.

The information is provided by the individual LAAC & Throughcare nurses.”

Jackie Dougall
Specialist Nurse LAAC
Secretary LAAC Scottish Nurse Forum

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NAME OF SERVICE	LAAC HEALTH TEAM				
AREA COVERED					
NHS Area	NHS AYRSHIRE AND ARRAN				
Local Authority areas covered	NORTH, SOUTH AND EAST AYRSHIRE				
CLIENT GROUP					
Looked After & Accommodated Children (under 12 years)	√	Looked After & Accommodated Young People (12 years + older)	√	Care Leavers	
TYPES OF SERVICE OFFERED					
Health Assessments	√	By Public Health Facilitator (PHF) ~ offered to all new children/ young people received into care. No Paediatrician linked to LAAC Health Team at present			
Review Health Assessments	√	By PHF ~ regular review of Health Action Plans.			
Pathway Health Assessments					
Mental Health Assessments/Intervention	√	Liaison with CAMHS/referral to specialist services.			
Health Education & Promotion	√	As part of health assessment by PHF. If needs identified, work may be carried out by PHF and /or Young Persons Worker (YPW) on a 1-1 basis or by groupwork.			
Immunisations	√	Outstanding immunisations identified by PHF ~ liaison with GP surgeries/school nurses.			
Sexual Health Assessments	√	By PHF at initial Health Assessment. 1-1 input offered by PHF or YPW where appropriate. Liaison with Sexual Health Department.			
Training for Staff & Carers	√	Delivered to residential unit staff by PHF and/or YPW			
Links with local medical advisor/s for adoption & fostering panels					
Children / young people placed out of area					
SERVICE DEVELOPMENTS					
<ul style="list-style-type: none"> ▪ Health Assessments for care leavers and those already accommodated. ▪ Development of mental health screening tool. ▪ Identifying health training needs of Foster Carers ▪ Rolling programme of health promotion/education for F/carers/unit staff 					
CONTACT DETAILS					
Public Health Facilitator	Jane Gibson(North) j.gibson@aapct.scot.nhs.uk June Milne (East/South) june.milne@aapct.scot.nhs.uk				
Young Persons Workers	3 Young Persons Workers				
Contact Address	Room 50, 1 st Floor, Admin Building, Ayrshire Central Hospital, Kilwinning Road, Irvine KA12 8SS				
Contact Number	01294 323491/ 01294 323480				

NAME OF SERVICE	THROUGH CARE				
AREA COVERED					
NHS Area	AYRSHIRE AND ARRAN				
Local Authority areas covered	SOUTH AYRSHIRE				
CLIENT GROUP					
Looked After & Accommodated Children (under 12 years)		Looked After & Accommodated Young People (12 years + older)	✓	Care Leavers	✓
TYPES OF SERVICE OFFERED					
Health Assessments	✓				
Review Health Assessments	✓				
Pathway Health Assessments	✓				
Mental Health Assessments/Intervention	✓				
Health Education & Promotion	✓				
Immunisations	✓	Ensuring immunisations are up to date			
Sexual Health Assessments	✓				
Training for Staff & Carers	✓				
Links with local medical advisor/s for adoption & fostering panels	✓				
Children / young people placed out of area	✓				
SERVICE DEVELOPMENTS					
CONTACT DETAILS					
Specialist Nurse TCAC CPN	Jackie Flynn Jackie.flynn@south-ayrshire.gov.uk				
LAAC Nurses					
Contact Address	1 Holmston Rd, Ayr, South Ayrshire, KA7 3BA				
Contact Number	01292 612092				

NAME OF SERVICE	BORDERS LAC NURSE SERVICE				
AREA COVERED					
NHS Area	NHS BORDERS				
Local Authority areas covered	SCOTTISH BORDERS COUNCIL				
CLIENT GROUP					
Looked After & Accommodated Children (under 12 years)	√	Looked After & Accommodated Young People (12 years + older)	√	Care Leavers	√
CORE SERVICE					
Health Assessments	√	Done by local health worker			
Review Health Assessments	√	Done by local health worker			
Pathway Health Assessments	√	Done in conjunction with the TCAC worker			
Mental Health Assessments/Intervention	√	Done in conjunction with the CAMHS team			
Health Education & Promotion	√	Done through health workers and for individuals and groups by LAC Nurse			
Immunisations	√	Done through GP surgeries			
Sexual Health Assessments	√	Done with individuals and through FP team or Sexual Health Advisors for YP			
Training for Staff & Carers	√	Offered across the spectrum and delivered alone or in conjunction with other agencies			
Links with local medical advisor/s for adoption & fostering panels	√				
Children / young people placed out of area	√	By attending or through access to S31 minutes and facilitating appropriate health service provision.			
SERVICE DEVELOPMENTS					
<ul style="list-style-type: none"> ▪ Health based away weekends for LAC in separate sexed groups to develop information informed safe lifestyle choices in a fun way. ▪ Development of focus groups to ensure the views of young people are listened to and their ideas used in service development. 					
CONTACT DETAILS					
Specialist Nurse LAAC	Fran Selkirk fran.selkirk@borders.scot.nhs.uk				
LAAC Nurses					
Contact Address	CPRU 1 Albert Place, Galashiels TD1 3DL				
Contact Number	01896 662750				

NAME OF SERVICE	LAAC HEALTH TEAM				
AREA COVERED					
NHS Area	NHS DUMFRIES & GALLOWAY				
Local Authority areas covered	DUMFRIES & GALLOWAY				
CLIENT GROUP					
Looked After & Accommodated Children (under 12 years)	√	Looked After & Accommodated Young People (12 years + older)	√	Care Leavers	√
TYPES OF SERVICE OFFERED					
Health Assessments	√	Undertake LAAC assessments for children over 12 years. Designated LAAC Paediatrician provides health assessments for under 12s. Liaison with other Paediatricians for children with complex health needs.			
Review Health Assessments	√	As above			
Pathway Health Assessments					
Mental Health Assessments/Intervention		Referral & liaison with local CAMHS team			
Health Education & Promotion	√	As part of health assessments. Regular input to residential units in Dumfries & Galloway			
Immunisations	√	Make recommendations to GP surgeries regarding outstanding immunisations			
Sexual Health Assessments	√	As part of health assessments.			
Training for Staff & Carers	√	Developing service			
Links with local medical advisor/s for adoption & fostering panels	√	Medical advisor available for 2 sessions per week in LAAC office			
Children / young people placed out of area	√	Undertake health assessments or reviews when requested			
SERVICE DEVELOPMENTS					
<ul style="list-style-type: none"> • Redesign of LAAC Service ongoing as service has only been in place since March 2007. • Nurse led health assessments for children over 12 years. • Audit. • Ensure continuing funding as present funding only available until March 2008. • Part of LAC Reference Group aimed at developing LAC service in line with recommendations from "We Can & Must Do Better" along with representatives from Education, Social Work, Fostering & Adoption, Psychology, CAMHS & Leaving Care Team within Dumfries & Galloway. 					
CONTACT DETAILS					
Specialist Nurse LAAC	Ann Wilson ann.wilson2@nhs.net				
LAAC Nurses					
Contact Address	Dept of Child Health. Nithbank. Dumfries. DG1 2SD				
Contact Number	01387 244579				

NAME OF SERVICE	WELL CHOSEN SERVICE				
AREA COVERED					
NHS Area	NHS FORTH VALLEY				
Local Authority areas covered	FALKIRK, STIRLING, CLACKMANNANSHIRE				
CLIENT GROUP					
Looked After & Accommodated Children (under 12 years)	√	Looked After & Accommodated Young People (12 years + older)	√	Care Leavers	
TYPES OF SERVICE OFFERED					
Health Assessments	√	Under 12's – Community Paediatricians undertake H/A Over 12's – Nurse led Initial Health Assessments			
Review Health Assessments	√	Under 12's- Community Paediatrician Over 12's – Nurse led Reviews			
Pathway Health Assessments					
Mental Health Assessments/Intervention	√	First line strategies. Work in partnership with Primary Mental Health Worker for LAAC.			
Health Education & Promotion	√	As part of Health Assessment process. Direct one to one when appropriate. Regular input to residential units in Forth Valley.			
Immunisations	√	Recommendations made at H/A regarding outstanding immunisations. Assist in Compass immunisation clinics when necessary.			
Sexual Health Assessments	√	As part of Health Assessment. Individual work when required and ability to fast track referrals for implant.			
Training for Staff & Carers	√	Health information sessions to foster/residential carers. Planning & delivery of multi- agency training on LAAC issues			
Links with local medical advisor/s for adoption & fostering panels	√	Clinical Lead of service is Medical Advisor			
Children / young people placed out of area	√	Input when requested			
SERVICE DEVELOPMENTS					
<ul style="list-style-type: none"> ▪ Nurse-led adolescent Health Assessments ▪ Running '<i>Handling Teenage Behaviour</i>' Courses for Foster Carers ▪ Developing protocol for distribution of over the counter medication in residential units 					
CONTACT DETAILS					
Specialist Nurse LAAC	Kathy Pickles kathypickles@nhs.net				
LAAC Nurses					
Contact Address	St. Ninians Health Centre, Mayfield Street, Stirling, FK7 0BS				
Contact Number	01786 468268				

NAME OF SERVICE	THROUGH CARE AFTER CARE - THE WELL CHOSEN SERVICE				
AREA COVERED					
NHS Area	FORTH VALLEY				
Local Authority areas covered	FALKIRK, STIRLING AND CLACKMANNANSHIRE				
CLIENT GROUP					
Looked After & Accommodated Children (under 12 years)		Looked After & Accommodated Young People (15yrs +)	√	Care Leavers	√
TYPES OF SERVICE OFFERED					
Health Assessments	√	As independent health need or as part of a comprehensive health assessment, i.e. Pathways Planning			
Review Health Assessments	√	As follow on from either previous LAAC or TCAC assessment of health needs.			
Pathway Health Assessments	√				
Mental Health Assessments/Intervention	√	Self help and first line strategies, referral onto specialist services.			
Health Education & Promotion	√	One-to-one, group setting. Links with specialist services for joint health promotion / education work.			
Immunisations	√	Assessment of need and access to immunisations through partnership working.			
Sexual Health Assessments	√	As individual need or part of comprehensive assessment. Provision of fast track access for contraceptive needs.			
Training for Staff & Carers	√	Foster carers, associated agencies, based on need or request. Links with specialist services for joint training			
Links with local medical advisor/s for adoption & fostering panels					
Children / young people placed out of area	√	To support transition process back into Forth Valley area.			
SERVICE DEVELOPMENTS					
<ul style="list-style-type: none"> ▪ Throughcare Nurse Led Service ▪ Transition support ▪ Fast track Implant Service ▪ Health Hubs 					
CONTACT DETAILS					
Specialist Nurse TCAC	Gail Robertson grobertson2@nhs.net				
LAAC Nurses					
Contact Address	St. Ninians Health Centre, Mayfield Street, Stirling, FK7 0BS				
Contact Number	01786 468264 / 8				

NAME OF SERVICE	SENIOR NURSE LOOKED AFTER CHILDREN				
AREA COVERED					
NHS Area	NHS GRAMPIAN				
Local Authority areas covered	ABERDEEN CITY, ABERDEENSHIRE AND MORAY				
CLIENT GROUP					
Looked After & Accommodated Children (under 12 years)	√	Looked After & Accommodated Young People (12 years + older)	√	Care Leavers	
TYPES OF SERVICE OFFERED					
Health Assessments	√	Use BAAF Health Forms Collation of health information / link with other health professionals for children with complex health needs or disability. I may do the assessment this is case dependent			
Review Health Assessments	√	As above			
Pathway Health Assessments					
Mental Health Assessments/Intervention	√	Refer to local CAMHS			
Health Education & Promotion	√	Relevant issues embraced the entire range of environmental, physical, mental/emotional & social aspects of health within the assessment framework.			
Immunisations	√	Immunisation status checked as part of health assessment.			
Sexual Health Assessments	√	Discussed as part of health assessment. Refer to local service if necessary.			
Training for Staff & Carers	√	Involved in a variety of training both informally and formally in partnership with the local authority & voluntary services.			
Links with local medical advisor/s for adoption & fostering panels	√	Based with the medical staff who are advisors to the local adoption and fostering panels			
Children / young people placed out of area	√	Track children/ young people who are placed out of area, who are offered the same service from the LAAC Health team, as if they were placed within the Grampian area.			
SERVICE DEVELOPMENTS					
<ul style="list-style-type: none"> ▪ Ongoing work is being done to identify and engage in the training needs of foster carers with regard to the health needs of these vulnerable children/young people ▪ Community Child Health Record Keeping Guidelines ▪ Provision of fast track access for contraceptive needs ▪ Smoking Cessation, developing Smoke Free Residential Placements model 					
CONTACT DETAILS					
Senior Nurse LAC	Jeanette Smart jeanette.smart@nhs.net				
LAAC Nurses					
Contact Address	Combined Child Health, 3 rd Floor, Royal Aberdeen Children's Hospital, Westburn Road, Aberdeen, AB25 2ZG				
Contact Number	01224 554705				

NAME OF SERVICE	LAC & YOUNG PEOPLE'S HEALTH SERVICE (includes vulnerable, disability and respite)				
AREA COVERED					
NHS Area	NHS GREATER GLASGOW & CLYDE				
Local Authority areas covered	EAST RENFREWSHIRE				
CLIENT GROUP					
Looked After & Accommodated Children (under 12 years)	√	Looked After & Accommodated Young People (12 years + older)	√	Care Leavers	√
TYPES OF SERVICE OFFERED					
Health Assessments	√	Use BAAF Health forms. Comprehensive health assessments for 12yrs & above undertaken by specialist nurse. Community Paediatrician undertakes comprehensive assessment for children under 12yrs.			
Review Health Assessments	√	Reviews based on assessment of need.			
Pathway Health Assessments	√	Health assessment or review feeds into young person's 'Looking Forward' pathways plan			
Mental Health Assessments/Intervention		Refer to CAMHS			
Health Education & Promotion	√	Health education & health promotion are included during assessment or review usually on an individual basis.			
Immunisations	√	Immunisation status checked as part of health assessment.			
Sexual Health Assessments	√	Discussed as part of health assessment. Refer to local service if necessary.			
Training for Staff & Carers	√	Training and awareness of health issues with carers and social workers on an ongoing basis.			
Links with local medical advisor/s for adoption & fostering panels	√	Liaison with medical advisors.			
Children / young people placed out of area	√	Same service is offered when placed out of area. Refer to services local to placement if required.			
SERVICE DEVELOPMENTS					
<ul style="list-style-type: none"> ▪ Health assessments for young people on Supervision Order when referred by social worker – liaison with school health service. ▪ Joint Audit of Health Information of Children and Young People with Additional Support Needs Having Respite Care. ▪ Co-ordination of health information and assessment where necessary, for children with a disability at specialist residential schools. ▪ Pilot of 'Viewpoint' - computer based Health Assessment tool. ▪ Development of joint information leaflet to include 'health'. 					
CONTACT DETAILS					
Specialist Nurse LAAC	Elaine Greaves elaine.greaves@renver-pct.scot.nhs.uk				
LAAC Nurses					
Contact Address	Barrhead Health Centre, 201 Main St, Barrhead, G78 1SA				
Contact Number	0141 314 0821				

NAME OF SERVICE	LAAC HEALTH TEAM				
AREA COVERED					
NHS Area	NHS GREATER GLASGOW & CLYDE (old NHS Greater Glasgow Area)				
Local Authority areas covered	Glasgow City Council, East Dumbarton,				
CLIENT GROUP					
Looked After & Accommodated Children (under 12 years)	√	Looked After & Accommodated Young People (12 years + older)	√	Care Leavers	√
TYPES OF SERVICE OFFERED					
Health Assessments	√	Using BAAF Health Forms. LAAC nurses undertake health assessments for young people over 12 years and initial health assessment of under 12 years undertaken by medical staff.			
Review Health Assessments	√	LAAC nurses undertake regular review of the health action plans of over 12 years and telephone review assessments of children / young people aged 5 -12 years			
Pathway Health Assessments	√	Involved in health pathway planning for care leavers in partnership with Glasgow City Council			
Mental Health Assessments/Intervention					
Health Education & Promotion	√	Individual health education and promotion on a range of topics.			
Immunisations	√	LAAC Nurse guideline and PGD's in place			
Sexual Health Assessments	√	LAAC Sexual Health Assessment developed and care pathways in place to youth Sexual Health Services, including priority access and fast track referrals			
Training for Staff & Carers	√	Involved in a variety of training both informally and formally in partnership with the local authority and local university			
Links with local medical advisor/s for adoption & fostering panels	√	Based with the medical staff who are advisors to the local adoption and fostering panels			
Children / young people placed out of area	√	Track children/ young people who are placed out of area, who are offered the same service from the LAAC Health team, as if they were placed within the Glasgow area.			
SERVICE DEVELOPMENTS					
<ul style="list-style-type: none"> ▪ Developed LAAC Nurse Manual, incorporating nursing guidelines ▪ LAAC Dental Service continues to develop in response to audit report & recommendations ▪ LAAC Relationship and Sexual Health Policy (draft) ▪ LAAC Smoking Cessation Advisor, developing Smoke Free Care Placements model ▪ Developing Health Improving Care Placement model 					
CONTACT DETAILS					
Specialist Nurse LAAC	Jackie Dougall jdougall@nhs.net				
LAAC Nurses	Margaret Brown, Debbie Russell, Lynne Robertson, Rosie Moffat, Lynn Currie, Julie Ellis, Mary McCann, Isobel Boyle (Health Care Support Worker), Iona MacMillan (LAAC Smoking Cessation Advisor)				
Contact Address	Templeton Business Centre, , 62 Templeton Street, Glasgow G40 1DA				
Contact Number	0141 277 7400				

NAME OF SERVICE	LOOKED AFTER AND ACCOMODATED MENTAL HEALTH TEAM				
AREA COVERED					
NHS Area	NHS GREATER GLASGOW AND CLYDE				
Local Authority areas covered					
CLIENT GROUP					
Looked After & Accommodated Children (under 12 years)	✓	Looked After & Accommodated Young People (12 years + older)	✓	Care Leavers	✓
TYPES OF SERVICE OFFERED					
Health Assessments					
Review Health Assessments					
Pathway Health Assessments					
Mental Health Assessments/Intervention	✓	As members of a multidisciplinary mental health team devoted to Accommodated children we undertake this work in conjunction with assessing how both the care plan and the placement promote the individuals mental health.			
Health Education & Promotion					
Immunisations					
Sexual Health Assessments					
Training for Staff & Carers					
Links with local medical advisor/s for adoption & fostering panels					
Children / young people placed out of area	✓	Due to difficulties in accessing local services (at times) or frequent moves out with their home area our team follows children to ensure their care is provided with a mental health perspective, even in states of uncertainty.			
SERVICE DEVELOPMENTS					
<ul style="list-style-type: none"> ▪ Routine Psychological Assessments for children 0-12 currently provided for East Glasgow due to staffing levels. ▪ Development of a care goal system which addresses mental health needs in the context of the current care plan and the placement. ▪ Focused intervention with children and young people ▪ Support to carers 					
CONTACT DETAILS					
Clinical Nurse Specialist	Suzanne McCrea				
Nurse Therapists	James Wilson and Lesley Hunter				
Contact Address	Block 3, 3-4 Templeton Business Centre, 62 Templeton Street Glasgow G40 1DA				
Contact Number	0141 2777400				

NAME OF SERVICE	INVERCLYDE LAAC & THROUGH CARE SERVICE				
AREA COVERED					
NHS Area	NHS GREATER GLASGOW & CLYDE				
Local Authority areas covered	INVERCLYDE				
CLIENT GROUP					
Looked After & Accommodated Children (under 12 years)	√	Looked After & Accommodated Young People (12 years + older)	√	Care Leavers	√
TYPES OF SERVICE OFFERED					
Health Assessments	√	Assist with health assessment for young people 12 years and under, undertakes health assessment for young people 12 years and over.			
Review Health Assessments	√	Assist with health assessment for 12 years and under, undertakes health assessment for 12 years and over.			
Pathway Health Assessments	√	Involved in pathway health assessment planning for care leavers in partnership with Inverclyde council.			
Mental Health Assessments/Intervention		Close links with CAMHS			
Health Education & Promotion	√	Undertaken on a needs led individual basis			
Immunisations	√	Nurse guidelines PGD in place			
Sexual Health Assessments	√	Ability to fast track referrals to Young people sexual health service.			
Training for Staff & Carers	√	Involved in variety of training informally formally in partnership			
Links with local medical advisor/s for adoption & fostering panels	√	Based with Doctor who is the medical advisor on local adoption and fostering panel.			
Children / young people placed out of area	√	Same service offered to young people placed out with the area.			
SERVICE DEVELOPMENTS					
<ul style="list-style-type: none"> This service started March 2007 and is continually developing. 					
CONTACT DETAILS					
Specialist Nurse LAAC	Lynn Smith				
LAAC Nurses					
Contact Address	Port Glasgow Health Centre, 2 Bay Street, Port Glasgow, Inverclyde, PA14 5EW				
Contact Number	01475 745321 ext 66141				

NAME OF SERVICE	LAAC SERVICE				
AREA COVERED					
NHS Area	NHS GREATER GLASGOW & CLYDE				
Local Authority areas covered	RENFREWSHIRE AREA				
CLIENT GROUP					
Looked After & Accommodated Children (under 12 years)	✓	Looked After & Accommodated Young People (12 years + older)	✓	Care Leavers	✓
TYPES OF SERVICE OFFERED					
Health Assessments	✓	Offered to all young people in Renfrewshire. Initial Health assessment by LAAC nurse.			
Review Health Assessments	✓	Reviews are based on assessment of need			
Pathway Health Assessments	✓				
Mental Health Assessments/Intervention	✓	In conjunction with CAMHS nurse			
Health Education & Promotion	✓	Needs led – individual or group			
Immunisations	✓	Organise completion of appropriate Immunisations			
Sexual Health Assessments	✓	Incorporated as part of health assessment. Fast track to Sandyford clinics.			
Training for Staff & Carers	✓	Organised health promotion topics at foster carers network group. Needs led in Units.			
Links with local medical advisor/s for adoption & fostering panels	✓				
Children / young people placed out of area		Still to formulate plan			
SERVICE DEVELOPMENTS					
<ul style="list-style-type: none"> ▪ Fast track & health promotion for dental link ▪ Forge stronger links with foster parents & children ▪ Audit workload & review links with social work ▪ Implement clear referral pathways to ensure LAAC service is notified of all children in area 					
CONTACT DETAILS					
Specialist Nurse LAAC	Marion Taylor marion.taylor@renver-pct.scot.nhs.uk				
LAAC Nurses					
Contact Address	Foxbar clinic, Morar Drive, Paisley, PA2				
Contact Number	01505 813 119				
Direct Number	01505 821 614				

NAME OF SERVICE	LOOKED AFTER AND ACCOMMODATED CHILDREN'S HEALTH SERVICE				
AREA COVERED					
NHS Area	NHS GREATER GLASGOW & CLYDE				
Local Authority areas covered	WEST DUNBARTON (Clydebank, Dumbarton and Alexandria)				
CLIENT GROUP					
Looked After & Accommodated Children (under 12 years)	√	Looked After & Accommodated Young People (12 years + older)	√	Care Leavers	√
TYPES OF SERVICE OFFERED					
Health Assessments	√	Undertake over 12 years' health assessments and arrange for under 12 with paediatrician.			
Review Health Assessments	√	Set up system and complete yearly review.			
Pathway Health Assessments	√	Work alongside throughcare staff with pathways for health.			
Mental Health Assessments/Intervention	√	Work in partnership with the service Young People in Mind Project and CAHMS service.			
Health Education & Promotion	√	Integrated into any one to ones with children and young people. Ensure staff and carers aware of importance and inform of any changes in health education and promotion.			
Immunisations					
Sexual Health Assessments	√	Work in partnership with sexual health services, Sandyford Initiative and local Youth to Youth services.			
Training for Staff & Carers	√	Provision of training identified as a need.			
Links with local medical advisor/s for adoption & fostering panels	√				
Children / young people placed out of area	√	Continuity of care for children with a West Dunbartonshire address placed out of the area.			
SERVICE DEVELOPMENTS					
Most of the service offered in this area is new to the children, young people, carers and workers therefore the service is all under development at present. The Glasgow LAAC Team provided a service to the Clydebank area, which is being handed over and incorporated into the service for the West Dunbartonshire Community Health Partnership.					
CONTACT DETAILS					
Specialist Nurse LAAC	Nikki Milligan nikki.milligan@nhs.net				
LAAC Nurses					
Contact Address	Vale of Leven Hospital, Child Services, Alexandria, G83 0UA				
Contact Number	01389 817339				

NAME OF SERVICE	LOOKED AFTER CHILDREN (HEALTH)				
AREA COVERED					
NHS Area	NHS HIGHLAND				
Local Authority areas covered	HIGHLAND COUNCIL				
CLIENT GROUP					
Looked After & Accommodated Children (under 12 years)	√	Looked After & Accommodated Young People (12 years + older)	√	Care Leavers	
TYPES OF SERVICE OFFERED					
Health Assessments	√	For all children (birth to 18yrs) accommodated as per The Children's (Scotland) Act (1995) For children (birth to 18 years) Looked After at Home with complex or specific health issues			
Review Health Assessments	√	As above			
Pathway Health Assessments	√	Referred to Barnados Springboard Service			
Mental Health Assessments/Intervention	√	Mental Health Screening in all initial assessments Fast track to CAMHS CAMHS professional network consultation routinely available for all LAC			
Health Education & Promotion	√	Integral within all health assessment Advanced Nurse Prescribing with dispensing Fast track dental service for LAC			
Immunisations	√	Opportunistic immunisation as per guidelines			
Sexual Health Assessments	√	Full sexual Health assessment including delivery of treatments and follow up			
Training for Staff & Carers	√	Attachment Disorder training (attachment and psychopathology, the Dynamic Maturation Model) Schedule of Growing Skills 2 Sexual Health and personal development training			
Links with local medical advisor/s for adoption & fostering panels	√	Direct link with Fostering and Adoption Panel			
Children / young people placed out of area	√	Co-ordinating health care provision for LAC placed out with are			
SERVICE DEVELOPMENTS					
<ul style="list-style-type: none"> ▪ Provision of a tier 4, specialist assessment for school age children for attachment disorder ▪ GIRFEC pathfinder region ▪ Implementation of integrated assessment framework 					
CONTACT DETAILS					
Specialist Nurse LAAC	Jane M Park Jane.Park@hpct.scot.nhs.uk				
LAAC Nurses					
Contact Address	14 Seafield Road INVERNESS				
Contact Number	01463 256605				

NAME OF SERVICE	THROUGH-CARE SUPPORT TEAM				
AREA COVERED					
NHS Area					
Local Authority areas covered	NORTH LANARKSHIRE COUNCIL				
CLIENT GROUP					
Looked After & Accommodated Children (under 12 years)		Looked After & Accommodated Young People (12 years + older)	√	Care Leavers	√
TYPES OF SERVICE OFFERED					
Health Assessments	√				
Review Health Assessments	√				
Pathway Health Assessments	√				
Mental Health Assessments/Intervention	√				
Health Education & Promotion	√				
Immunisations					
Sexual Health Assessments	√				
Training for Staff & Carers	√				
Links with local medical advisor/s for adoption & fostering panels					
Children / young people placed out of area					
SERVICE DEVELOPMENTS					
CONTACT DETAILS					
Health Liaison Officer	Ailsa Clunie ClunieA@northlan.gov.uk				
LAAC Nurses					
Contact Address	144-148 Merry Street. Motherwell. ML1 1NA				
Contact Number	01698 332277				

NAME OF SERVICE	PUBLIC HEALTH NURSE THROUGH CARE/ AFTERCARE AND YOUTH JUSTICE TEAMS				
AREA COVERED					
NHS Area	NHS LANARKSHIRE				
Local Authority areas covered	SOUTH LANARKSHIRE				
CLIENT GROUP					
Looked After & Accommodated Children (under 12 years)		Looked After & Accommodated Young People (12 years + older)		Care Leavers	√
TYPES OF SERVICE OFFERED					
Health Assessments	√				
Review Health Assessments	√				
Pathway Health Assessments	√		If requested		
Mental Health Assessments/Intervention	√		In partnership with mental health colleagues		
Health Education & Promotion	√				
Immunisations	√		If required they can be arranged		
Sexual Health Assessments	√		As part of the Health assessment		
Training for Staff & Carers	√		As requested		
Links with local medical advisor/s for adoption & fostering panels					
Children / young people placed out of area	√				
SERVICE DEVELOPMENTS					
New service being offered within South Lanarkshire. Client group are aged 15-21 and are involved with Throughcare and/or Youth Justice Teams					
CONTACT DETAILS					
Public Health Nurse	Jackie Gray Jacqueline.Gray@lanarkshire.scot.nhs.uk				
LAAC Nurses					
Contact Address	Health and Homeless Service, Blantyre Health Centre, Victoria Street, Blantyre G72 0BS				
Contact Number	01698 727534				

NAME OF SERVICE	LOOKED AFTER CHILDREN'S HEALTH TEAM				
AREA COVERED					
NHS Area	NHS Lothian				
Local Authority areas covered	EAST Lothian, MID Lothian & CITY OF EDINBURGH				
CLIENT GROUP					
Looked After & Accommodated Children (under 12 years)	✓	Looked After & Accommodated Young People (12 years + older)	✓	Care Leavers	
CORE SERVICE					
Health Assessments	✓				
Review Health Assessments	✓	Mostly by telephone			
Pathway Health Assessments	✓	Information given during transition period to TCAC Nurse			
Mental Health Assessments/Intervention	✓	Work in partnership with mental health colleagues in particular in delivery of health programmes to support young people and carers			
Health Education & Promotion	✓				
Immunisations	✓	Advise but do not carry out			
Sexual Health Assessments	✓	Advise but do not carry out			
Training for Staff & Carers	✓	Training is part of CPD for residential care staff. Foster carers receive training through support groups that LAC nurse attends.			
Links with local medical advisor/s for adoption & fostering panels	✓	Senior LAC Nurse Adoption panel member and LAC Nurse Foster Panel member			
Children / young people placed out of area	✓	Ensure that young person has support from local health Services			
SERVICE DEVELOPMENTS					
<ul style="list-style-type: none"> ▪ Further development of health assessments ▪ Gather in formation from recent audit of service ▪ Work in partnership with Child protection Advisors ▪ Further development with TCAC nurses ▪ Continue to develop training programme with Children and Families Team ▪ Ensure LAC Health is on the agenda in both Health Board and Local authorities Children Services plan. 					
CONTACT DETAILS					
Specialist Nurse LAAC	Carol Watson Carol.Watson@luht.scot.nhs.uk				
LAAC Nurse	Gill Appolinari				
Contact Address	Community Child Health 10 Chalmers Cres Edinburgh EH91TS				
Contact Number	0131 536 0855				

NAME OF SERVICE	THROUGH-CARE & AFTERCARE				
AREA COVERED					
NHS Area	NHS Lothian				
Local Authority areas covered	CITY OF EDINBURGH				
CLIENT GROUP					
Looked After & Accommodated Children (under 12 years)		Looked After & Accommodated Young People (12 years + older)	√	Care Leavers	√
TYPES OF SERVICE OFFERED					
Health Assessments	√				
Review Health Assessments	√				
Pathway Health Assessments	√				
Mental Health Assessments/Intervention	√	First line strategies. Referring on to specialist services.			
Health Education & Promotion	√	One to one. Group work.			
Immunisations	√	Identifying missed immunisations and referring on as appropriate.			
Sexual Health Assessments	√	Linking young people into specialist services.			
Training for Staff & Carers	√				
Links with local medical advisor/s for adoption & fostering panels					
Children / young people placed out of area	√	Ensuring young person has support from local services.			
SERVICE DEVELOPMENTS					
<ul style="list-style-type: none"> ▪ Continued development of transition work with LAC Nurses. ▪ Healthy Respect Drop In established offering general and sexual health information, free condoms, pregnancy testing and Chlamydia Postal Testing Kits. ▪ C:Card available 5 days per week. ▪ Annual Health Fair in partnership with Looked after Children's Nurses and Includem Health Co-ordinator. ▪ "Think Ahead"- course developed in partnership with Napier University for TC&AC clients. 					
CONTACT DETAILS					
Throughcare & Aftercare Health Practitioner	Gillian McLernon gillian.mclernon@edinburgh.gov.uk				
Contact Address	10, Chester Street, Edinburgh, EH3 7RA				
Contact Number	0131 240 6580				

NAME OF SERVICE	LOOKED AFTER CHILDREN'S TEAM				
AREA COVERED					
NHS Area	NHS Lothian				
Local Authority areas covered	WEST Lothian CHCP				
CLIENT GROUP					
Looked After & Accommodated Children (under 12 years)	√	Looked After & Accommodated Young People (12 years + older)	√	Care Leavers	√
TYPES OF SERVICE OFFERED					
Health Assessments	√	Health needs of all LAAC are assessed on their reception into care. All young children up to and including at least mid primary school age receive a medical assessment. This facilitates the formulation of a health care plan.			
Review Health Assessments	√	Undertake reviews according to needs identified in health care plan and to develop co-ordination of ongoing health care needs. This can be Telephone reviews as well as face-to-face contact and also provides the basis of reports for LAC Reviews and Child Protection Case Conferences.			
Pathway Health Assessments	√	Liaising and linking in with Throughcare and Aftercare Team. Health assessment and Health Care plan links into Pathway process and relevant LAC Reviews.			
Mental Health Assessments/Intervention	√	Work in partnership with mental health colleagues in D.C.F.P and C.A.M.H.S. Can offer short term counselling sessions while ongoing referral being made to appropriate services.			
Health Education & Promotion	√	On a planned basis with children and young people as part of their health assessment. On an opportunistic and planned basis with carers and residential staff.			
Immunisations	√	Mainly administered by school nurses and health visitors. Co-ordinating catch-up of outstanding immunisations as identified within initial health assessment.			
Sexual Health Assessments	√	Linking in with school nurses, family planning clinics and healthy living centre, Healthy Respect and other drop-in clinics facilitated by school nurses.			
Training for Staff & Carers	√	Raising awareness sessions with staff and public health students. Training sessions being planned at the moment for carers and residential staff.			
Links with local medical advisor/s for adoption & fostering panels	√	Liaise with medical advisor on daily basis. Member of West Lothian fostering panel.			
Children / young people placed out of area	√	Invited to attend reviews in residential and secure schools out with area and liaise with carers and other professionals out with area.			
SERVICE DEVELOPMENTS					
<ul style="list-style-type: none"> ▪ As a member of an integrated team meet with Senior Manager for Social Policy, Educational Officer and Community Paediatrician on a monthly basis at Strategic Management level. ▪ As part of wider LAC Team working in partnership with Social Policy Education and Health which consists of LAC Nurse, Children's Rights Officer, Outreach Education Teachers (x3), Educational Psychologist, Young persons Development Worker who all meet on a monthly basis at Operational Level. ▪ Also have monthly joint meetings with Health and Social Policy to address and oversee management of LAC Health input as multi-agency and strategic level. 					
CONTACT DETAILS					
Specialist Nurse LAAC	Avril Gardner avril.gardner@wlt.scot.nhs.uk				
Contact Address	Community child health Department, St Johns Hospital, Howden, Livingston EH52 6PP				
Contact Number	01506 524414 (secretary Eva Barnes)				

NAME OF SERVICE	DUNDEE LAAC NURSE TEAM				
AREA COVERED					
NHS Area	NHS TAYSIDE (DUNDEE CHP)				
Local Authority areas covered	DUNDEE CITY				
CLIENT GROUP					
Looked After & Accommodated Children (under 12 years)	✓	Looked After & Accommodated Young People (12 years + older)	✓	Care Leavers	✓
TYPES OF SERVICE OFFERED					
Health Assessments	✓	All children and young people have their health needs reviewed when accommodated by the looked after health team and a health assessment offered when appropriate.			
Review Health Assessments	✓	Reviews not offered routinely but social workers and carers can re-refer at any time.			
Pathway Health Assessments	✓	Involved in health assessment as part of pathways planning in partnership with TCAC team.			
Mental Health Assessments/Intervention	✓	Support and advice is offered to both carers and young people and refer on when appropriate.			
Health Education & Promotion	✓	This is a major focus of any nursing assessment. Health promotion work with young people in the residential units.			
Immunisations	✓	Immunisation status assessed as part of initial health assessment.			
Sexual Health Assessments	✓	Discussed with young people as part of initial health assessment and refer on when appropriate.			
Training for Staff & Carers	✓	Training for foster carers and residential staff arranged in response to identified need/			
Links with local medical advisor/s for adoption & fostering panels	✓	Close links with medical advisor. Weekly team meetings to discuss new admissions, arrange health assessments and share information.			
Children / young people placed out of area	✓	Young people known to LAAC team, this area needs further development.			
SERVICE DEVELOPMENTS					
<ul style="list-style-type: none"> ▪ Funding for a second year has been approved for the staff nurse post. (Changing children's services fund) ▪ Health record book has been developed for use locally. ▪ Health information pack for young people has been developed with funding from Community health Initiatives Fund and is now being used with young people. 					
CONTACT DETAILS					
Senior Nurse LAAC	Gillian Lauder Gillian.lauder@nhs.net				
LAAC Nurses	Aileen McFarlane aileen.mcfarlane@nhs.net				
Contact Address	Ryehill Health Centre, St Peter St, Dundee DD1 4JH				
Contact Number	01382 667619				

NAME OF SERVICE		PUBLIC HEALTH NURSE FOR LOOKED AFTER CHILDREN & YOUNG PEOPLE			
AREA COVERED					
NHS Area		NHS TAYSIDE			
Local Authority areas covered		PERTH & KINROSS			
CLIENT GROUP					
Looked After & Accommodated Children (under 12 years)	√	Looked After & Accommodated Young People (12 years + older)	√	Care Leavers	√
TYPES OF SERVICE OFFERED					
Health Assessments	√	Health needs of all LAAC are assessed on their reception into care. Health assessments are offered to all over 12 year olds.			
Review Health Assessments	√	Undertake Reviews according to needs identified in the health action plan following the health assessment.			
Pathway Health Assessments					
Mental Health Assessments/Intervention	√	As a component of the general health assessment. Ongoing emotional support provided as required.			
Health Education & Promotion	√	Health Education and Health Promotion provided on a one-to-one and group-work basis in a variety of settings (residential schools/units, off-site educational establishments etc). Regular "Drop-In" facilitated by LAAC Nurse at Residential School.			
Immunisations	√	Identify outstanding immunisations and liaise with carers to address.			
Sexual Health Assessments	√	As a component of the general health assessment. Ongoing sexual health advice and support provided as required.			
Training for Staff & Carers	√	Plan and deliver training as requested.			
Links with local medical advisor/s for adoption & fostering panels	√	Regular meetings established with Consultant Community Paediatrician.			
Children / young people placed out of area	√	Track out of area children/young people and liaise with relevant LAAC services and other partner agencies to ensure continuity of care.			
SERVICE DEVELOPMENTS					
<ul style="list-style-type: none"> ▪ LAAC Nurse post is now permanently funded. ▪ Notification system for all new LAAC established. ▪ Notification system set up for all LAAC movements in accommodation and discharges. ▪ Notified and invited to all Reception Into Accommodation meetings. ▪ Open referral system well utilised. ▪ A new Carer Held Health Record has been developed by Tayside LAAC Nurses. ▪ Smoking policy for carers currently being developed. ▪ Central Healthcare recognised as a community placement for student nurses – Students allocated to LAAC Nurse on a regular basis. 					
CONTACT DETAILS					
Specialist Nurse LAAC	Mandy Simpson amandasimpson@nhs.net				
LAAC Nurses					
Contact Address	Room 89, Drumhar Health Centre, North Methven Street, Perth PH1 5PD				
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